

Integrating Well-Being into Your Academic, Professional and Personal Life

Date:

April 18, 2024

Time:

11:30 a.m. – 1:00 p.m.

Location:

Health Education Center (2nd Floor),
2.206/2.220

Join this interactive wellness session with **Dr. Tim Cunningham!** All UTMB faculty, staff, students, and alumni are welcome. The first 25 people to register will receive Dr. Cunningham's new book upon arrival, along with the opportunity to have it signed.

Lunch will be provided.



Dr. Cunningham is former Vice President and Co-Chief Well-Being Officer at Emory University's Woodruff Health Sciences Center, where he supported structural and systemic well-being changes for healthcare teams and professionals, including university staff and faculty, researchers, learners, and community members. Tim's path towards corporate leadership has been a unique one to say the least. Before becoming an executive leader, Tim performed as a clown doctor in pediatric hospitals and in refugee camps, war zones,

and other global zones of crisis. Tim's global experiences have exposed him to both extreme suffering and profound resilience. This work inspired him to pursue a career in nursing. Today, Tim is passionate about sharing his message on wellbeing. His presentations and workshops pull from an array of experiences that focus on the core human tenets of well-being and creativity. His work is highly interactive and unique. To learn more about Dr. Cunningham, please visit his website at www.timcunninghamrn.com.

To register, please select <https://utmb.us/ar4>.
Questions? Contact Chelsea Jones at cheljone@utmb.edu.

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